

Saba Consultants

Handwashing Tips

#stayhome

The virus is very fragile; the only thing that protects it from disintegrating is a thin outer layer of fat.

So follow these 6 tips to ensure the virus is destroyed.

- Use any
soap or
detergent
to wash it
away



This is the
best remedy.

1-6

- Make
lots of
bubbles

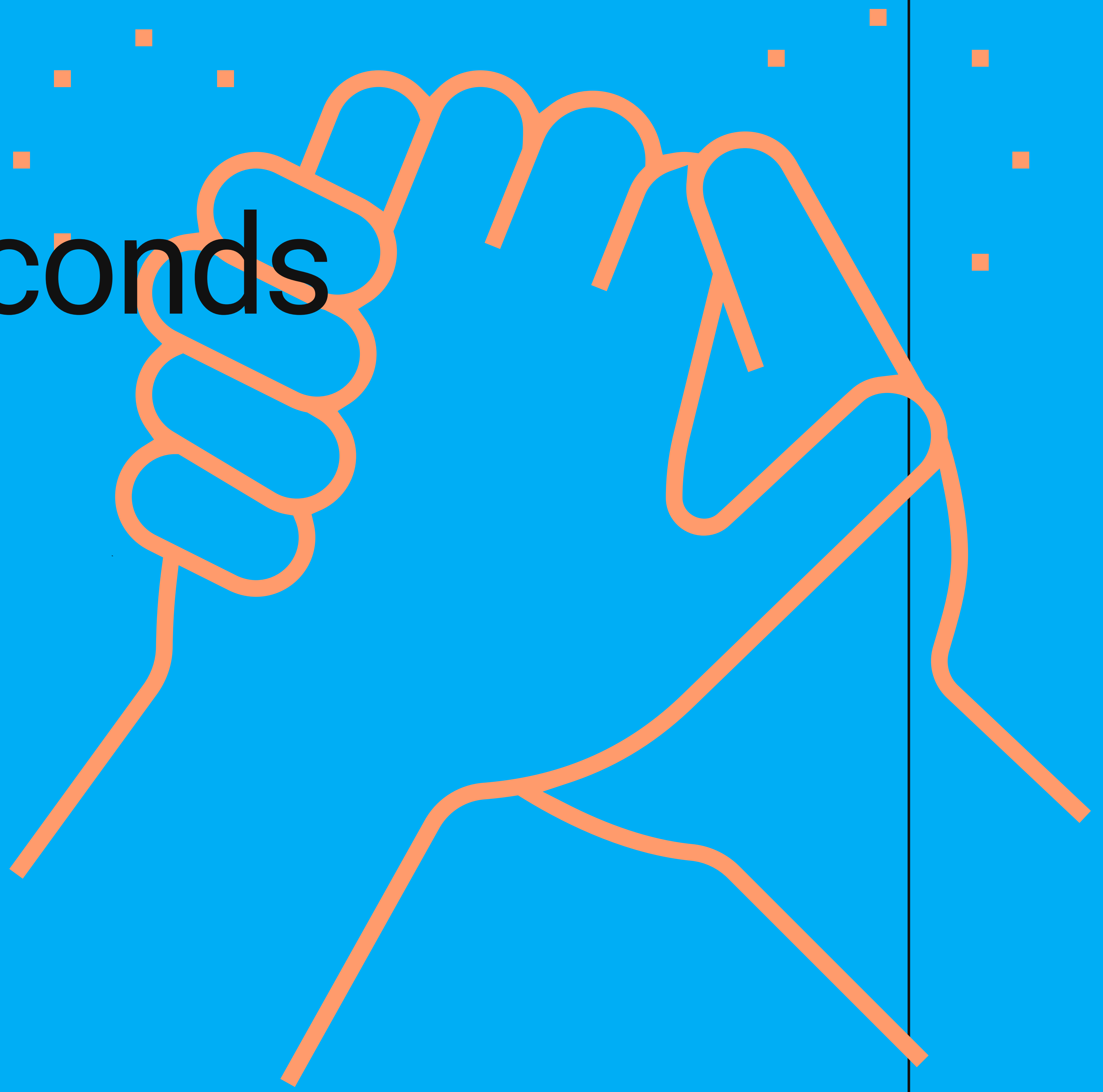
The foam cuts
the fat protecting
the virus

2-6

Handwashing Tips

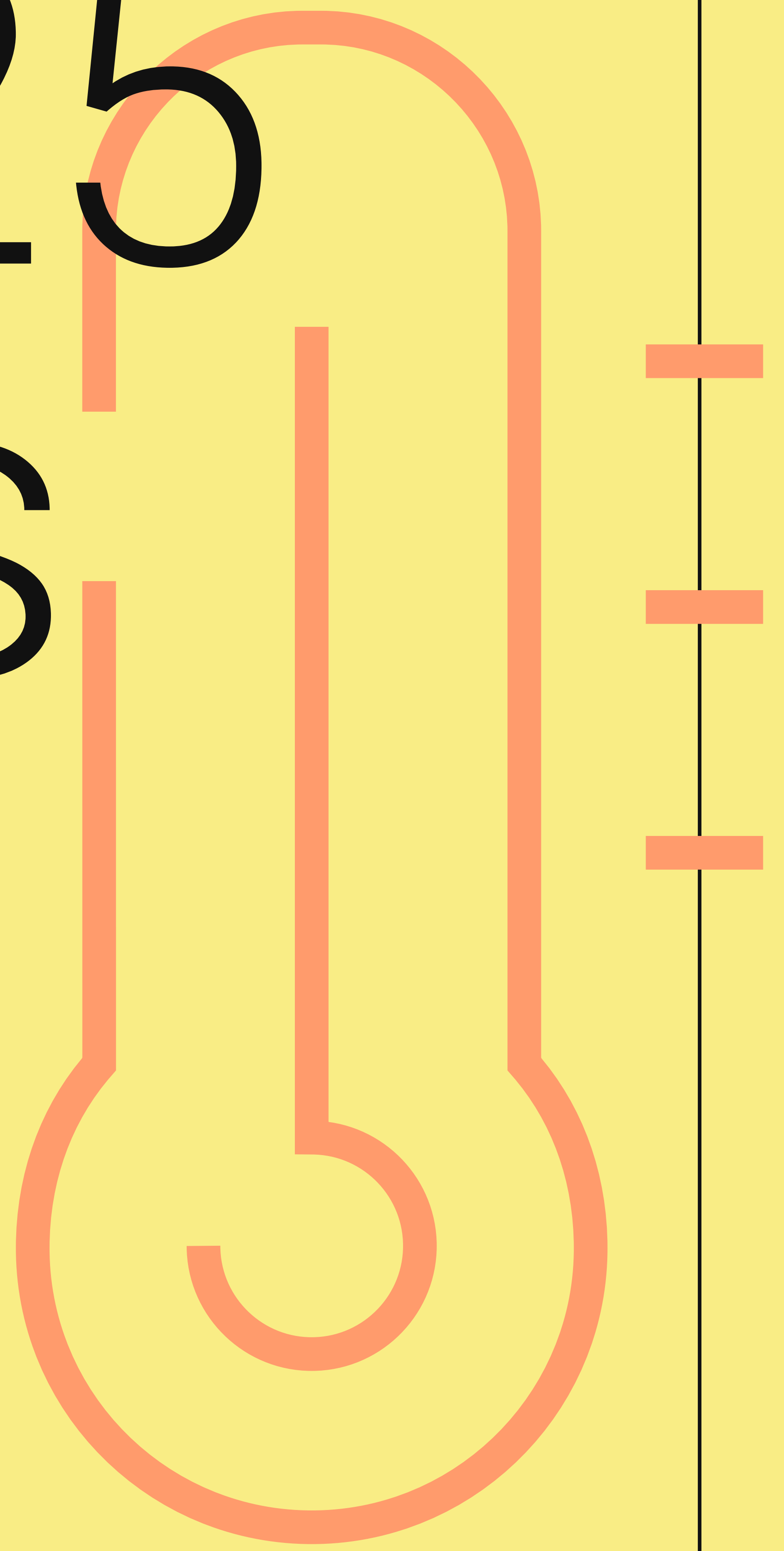
- Rub a lot

For 20 seconds
or more.



3-6

- Use
water
above 25
degrees
Celsius



For washing
hands, clothes
and everything.

4-6

- Moisturise
hands
chapping
from
too much
washing



Because the virus
can hide in the
micro skin cracks.

5-6

- Keep
your nails
short

So that the virus
does not hide there.



6-6